

The image shows a Facebook post for the PMI Germany Chapter Local Group Darmstadt. At the top left is the PMI logo and the text 'Project Management Institute. Germany'. To the right is a lightbulb icon and the text '1 FACE-TO-FACE EVENT / MONTH (2 PDU)' and '2 ONLINE EVENTS / MONTH (1 PDU)'. Below that is a speech bubble icon and the text '(FREE, LANGUAGE: ENGLISH)'. The main title 'Local Group Darmstadt' is written in a large, orange, cursive font. To the left of the title is a small image of a group of people. To the right is an illustration of four people in a meeting. Below the title is a right-pointing arrow and three dots. At the bottom of the post is the text 'PMI Germany Chapter Local Group Darmstadt'.

The image shows the cover of the book 'PMP OPERATING SYSTEM'. The title is in large, bold, yellow and white letters. Below the title is the text 'Presented by: Gabor Stramb'. On the right side of the cover is a photograph of three people in a meeting, looking at a laptop screen.

# PMP STUDY GROUP

Date:

18/09/2024

# Agenda

- Introduction
- Admin: Updates
- Drag & Drop
- Learning: **8 weeks study plan**
  - There are no surprises
  - What are the best exam prep materials
  - Secret sauce – What to do? When? How?
- Challenging Questions
- Next Steps/Q&A



**8 Weeks**  
**PMP**  
**Study Plan**

<https://agileadmiral.substack.com/>



Gabor Stramb, PMP

Program Manager

15+ years of experience, PMP since 2018

MS in Project Management

**PMP FAILED x 2 times**

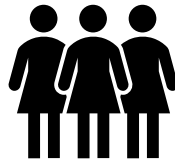
Project Management Mentor

Career Path & PM “know-how” & beyond certifications

# INTRODUCTION



1-on-1 Coaching & Study Groups



PMI Chapter Study Groups



9000+ subscribers

# Announcement – Exam Cost Changed for Non-Members + Eligibility update

## How Much Does PMP Certification Cost?

There is an exam fee required to earn the PMP.

Member: \$405.00

Non-Member: \$655.00

Before you apply, make sure you meet one of the following sets of PMP certification requirements:

### Set A requirements

- High school or secondary school diploma
- Minimum 60 months/5 years experience leading and managing projects within the past eight years
- 35 hours of project management education/training or CAPM® certification (the PMI Authorized On-Demand PMP Exam Prep course can help fulfill this requirement)

### Set B requirements

- Bachelor's degree or higher (or global equivalent)
- 36 months/3 years experience leading and managing projects within the past eight years
- 35 hours of project management education/training or CAPM® certification (the PMI Authorized On-Demand PMP Exam Prep course can help fulfill this requirement)

### Set C requirements

- Bachelor's degree or higher (or global equivalent) from a GAC accredited program
- 24 months/2 years experience leading and managing projects within the past eight years
- 35 hours of project management education/training (GAC core project management course work is pre-approved to fulfill this requirement)

A dark, irregularly shaped graphic with a splatter effect, containing yellow text. The graphic is centered on a white background and has a rough, ink-like border. The text is in a bold, sans-serif font.

**“There are no  
surprises”  
Where to start?**

# Understand Prerequisites

## CAPM –

Project Management  
(Entry Level)

Why should you  
choose it?



- Best suited for professionals, who are new to Project/Team management.
- Gives you the knowledge and confidence to handle bigger and more complex projects.

### Prerequisites

- Have at least 23 hours of project management education

## – PMP

Project Management

Why should you  
choose it?



- Provides credibility and meat to your resume enabling career growth.

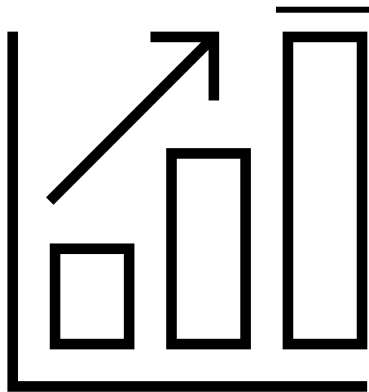
### Prerequisites

- 36 months of experience leading projects within the past eight years
- 35 hours of project management education/training or CAPM® certification

# Learning Concept

Mindset: “The higher I score the likelihood I PASS is also HIGHER”

“Peak Point”  
80% passing rate



Exam  
Content  
Outline

Learning  
Cycle

- Course
- Bootcamp
- Training

Validation  
Cycle

- Mock exam simulator

**This is not university studies!**

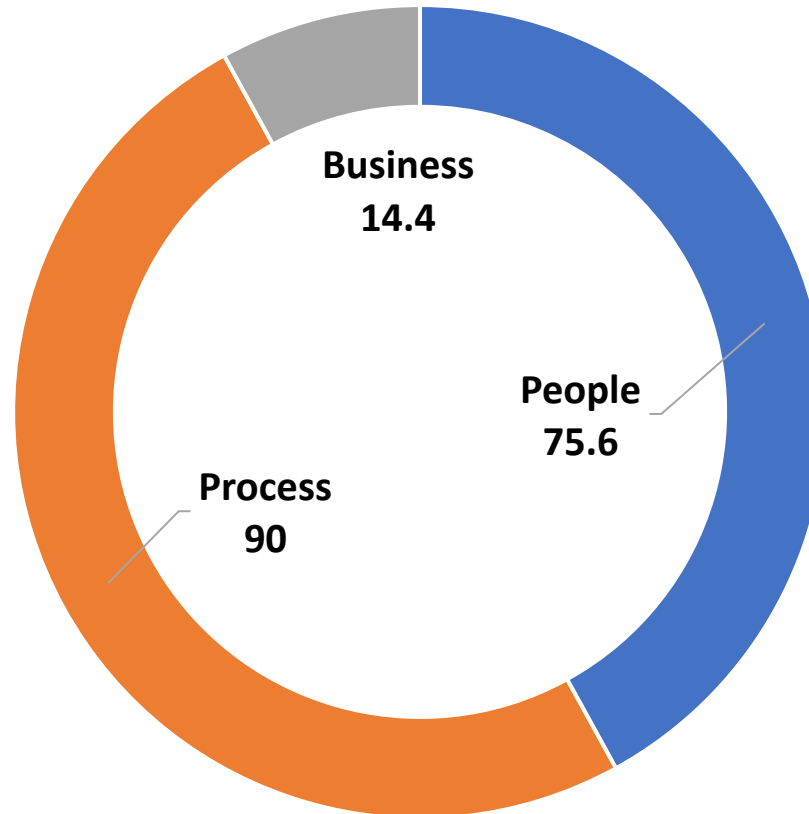
# Exam Content Outline

**PMBOK 6**  
**PMBOK 7**  
**AGILE P.B.**

**Having a good  
quality  
simulator is  
crutual**

Number of questions  
highlighted for each area

Click here: [udemy exam simulator](#)



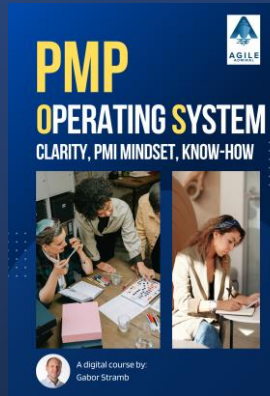
50% Agile/Hybrid Questions  
50% Predictive/Waterfall Questions

Advice:

Check each Domain  
Check each Task inside Domain

Exam:

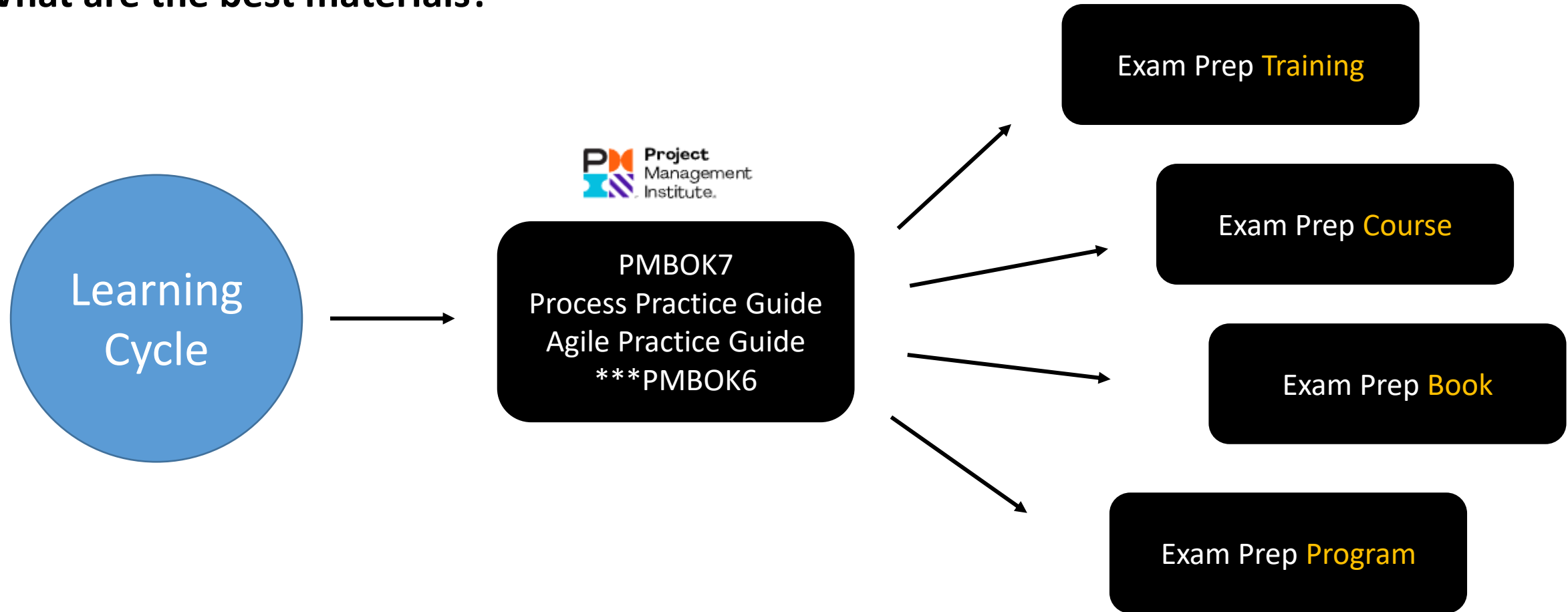
180 question (175 scored – 5 unscored)  
230 minutes  
1 min 15 sec/questions



# What are the best exam prep materials?

NO SPONSORSHIP ONLY HONEST FEEDBACK

# What are the best materials?



To complete learning cycle you need only one – PMI materials or Course or Training

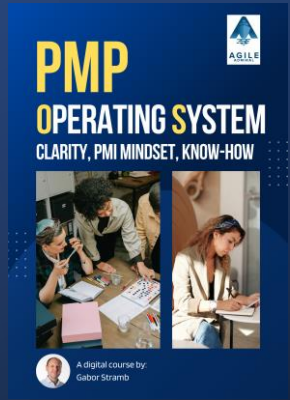
# What are the best materials?

Do not rely on **FREE** materials – most of materials referring to old exam format



PMI	Book	Course/Training	Other
Process Practice Guide Agile Practice Guide ***PMBOK6 PMBOK7  PMI Study Hall	Rita Mulcahy – 11 <sup>th</sup> edition  Andrew Ramdayal – PMP exam prep simplified	Rita Mulcahy – Exam prep system  Joseph Philipps – PMP exam prep seminar(Udemy)  Andrew Ramdayal – PMP exam prep course(Udemy)	5 days courses Coaching programs

# Drag & Drop



Match the Project Management method with the term.

Predictive

Predictive

Predictive

Predictive

Predictive

Agile

Agile

Agile

Agile

Team Charter

Simplicity

Lessons learned register

Only Software development

Risk response strategy

Daily standup

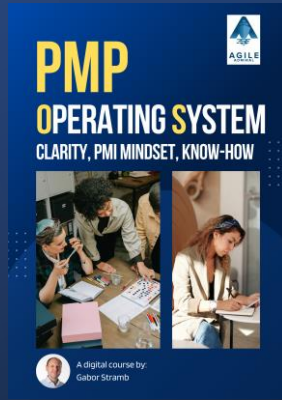
Charismatic leadership

Administrative closer

Value driven

**D&D**  
**1**

# 8 Weeks Exam Prep



## How to learn Agile/Waterfall/Hybrid model for the exam?

- Learn in groups
  - Agile: Values, Principles
  - Scrum: Roles, Artefacts, Ceremonies, Planning
  - Waterfall:
    - Integration and Change management
    - Baselines: Scope, Schedule, Cost
    - People: Communication, Resources, Stakeholders
    - Risk, Quality, Procurement Management
  - Hybrid
    - “no cherry picking, only best practices”
- Exam Strategy:
  - A – 60 q’s, 60 q’s, 60 q’s
  - B – 90 q’s, 90 q’s

Method	Mindset	Delivery
Agile	4 values/12 principles	Scrum
Waterfall/ Predictive	PMBOK7	Process Practice Guide
Hybrid	Agile + Waterfall	XXX

## 8 Weeks study plan

- Wk1 – Agile – Values/Principles; Scrum – Roles, Artefacts, Planning, Ceremonies
- Wk2 – Waterfall – Integration and Change Mngt + Baselines: Scope/Schedule/Cost
- Wk3 – Waterfall – People: Communication, Resources, Stakeholders
- Wk4 – Waterfall/Hybrid – Risk, Quality, Procurement Mngt + 20q's; Hybrid concept
- Wk5 – Recap; 30q's + Full mock exam aka "Reality check": Target score: 50%
- Wk6 – Recap; 40q's + Full mock exam aka "Reality check": Target score: 60%
- Wk7 – Recap; 50q's + Full mock exam aka "Reality check": Target score: 75%
- Wk8 – Recap; 60q's

### How many days I should study?

- Between, 5 to 6 day a week. One day OFF is a must have to avoid burnout.

### How long I should study on each study day?

- Good 90 minutes or up to 2 hours max.

Questions – Passing % – Aim for 80% passing rate before the exam

Secret Sauce: try split your day into two. Morning/Afternoon session

# PMP STUDY PLAN



**DURATION: 8 WEEKS**  
**EXAM STRATEGY: 60Q "BLOCKS"**

60 QUESTIONS - 70 MIN CAP  
60 QUESTIONS - 80 MIN CAP  
60 QUESTIONS - 80 MIN CAP

**LEARNING TARGET  
(VIA BOOKS/COURSES/VIDEOS)**

**TEST QUESTION  
TARGET (ON  
STUDY DAYS)**

**UNDERSTANDING  
BIG PICTURE**

**WEEK 1**  
AGILE - VALUE/PRINCIPLES  
ITERATIVE/INCREMENTAL LIFE CYCLE  
SCRUM - ROLES, ARTEFACTS, CEREMONIES, PLANNING

**WEEK 2**  
WATERFALL - INTEGRATION AND CHANGE MNGT  
BASELINES: SCOPE, SCHEDULE, COST

**WEEK 3**  
BASELINES: SCOPE, SCHEDULE, COST  
PEOPLE DOMAIN: COMMUNICATION,  
RESOURCES, STAKEHOLDERS

**WEEK 4**  
WATERFALL - RISK, QUALITY, PROCUREMENT  
MANAGEMENT

**WEEK 5**  
**WEEK 6**  
RECAP - AGILE, SCRUM, WATERFALL  
KEY FOCUS IS ON QUESTIONS AND  
RECAP IF NEED IT

**WEEK 7**  
**WEEK 8**  
KEY FOCUS IS ON QUESTIONS AND  
RECAP IF NEED IT

10-20  
QUESTIONS

30-40+  
QUESTIONS

FULL MOCK 40-50+  
QUESTIONS

FULL MOCK 50-60+  
QUESTIONS

49 PROCESS GROUP  
& KNOWLEDGE  
AREA  
MAPPING

CONFUSING TERMS  
AND CONCEPTS

SERVANT  
LEADERSHIP

DRAG & DROP  
QUESTIONS

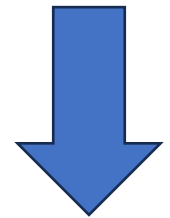
HOW?

JOIN  
PRO  
STUDY GROUP

OR

GROUP  
COACHING  
PROGRAM

**Download  
8 weeks  
plan for  
free**



<https://agileadmiral.substack.com/>



# BOOK A CALL 30 MIN

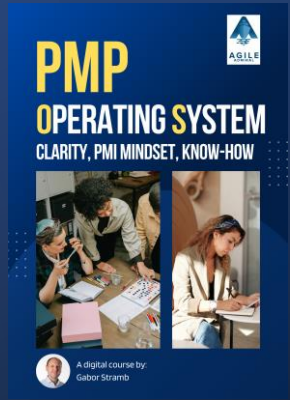


[https://calendly.com/gabor\\_stamb/free-capm-or-pmp-exam-strategy-call](https://calendly.com/gabor_stamb/free-capm-or-pmp-exam-strategy-call)

## FREE CAPM or PMP Exam Strategy Call



# QUESTIONS



# Question Patterns

## Pattern 1

### **Best Practice Question**

- Question description is general
- Referring to a definition or a process
- Look for keywords: characteristic; which is not.....?; what should you do first....?; what should you do next....?

## Pattern 2

### **Specific Question, Solving Specific Problem**

- Description defines a unique situation with a specific problem
- Amongst the answers look for a “real” next step, “real” action
- Look for keywords: there is 2 weeks delay; we decided to optimize resources

You are leading an Agile project for a new IT initiative in the company that will get a lot of visibility. You have been disappointed that the quality of the product delivered for the last several sprints has been poor. What is the best option that the team should take?

A) Ensure transparency of the work progress by displaying the KanBan board in the team war room.

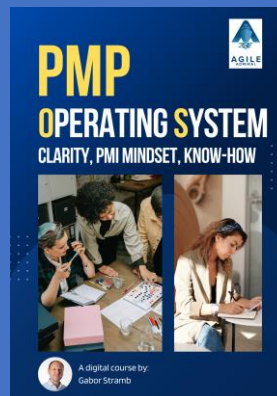
B) Hold retrospectives more frequently

C) Ensure the team is using test-driven development

D) Remind the team about the importance of an agile mindset.

Question  
1

**Correct answer is C.** Test-driven development is a quality practice that drives defects down. Since this is a quality issue, this would be the best option. Transparency, more frequent retrospectives, and the agile mindset are important agile practices and attributes, but they will not help the quality issue.



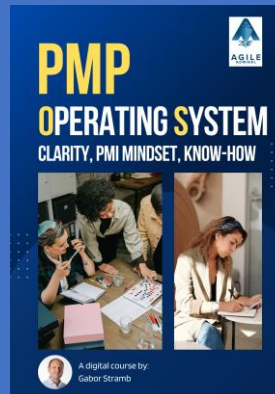
What is a technique used by project teams to bring everyone together on a set reoccurring basis to share what may be blocking or impeding on their work or plans?

- A. Daily stand-up meeting
- B. Iteration review
- C. Retrospective
- D. Project kick-off

**Correct answer is A.**

Question  
**Waterfall**  
**Agile/ Hybrid**  
Question  
**Next step? or**  
**Elimination**

**Question**  
**2**

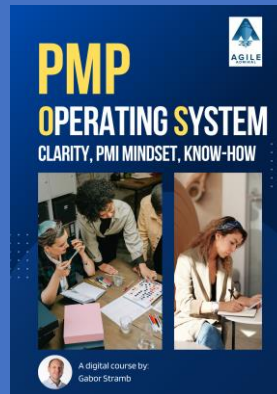


Which of the following is the best example of a blocker?

- A. The team cannot decide when to schedule the next iteration review.
- B. The demonstration is not ready for the iteration review.
- C. The clearance from another team to use content for the demo won't be ready within the current iteration.
- D. The demonstration fails in front of the product owner during the iteration review.

**Question  
3**

**Correct answer is C.**



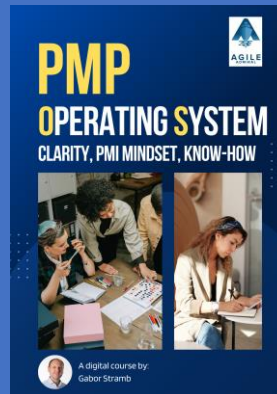
While you are working on a SWOT analysis for a risk response, a team member asks you to show them how it's done. Which type of mentoring is this?

- A. Informal
- B. Formal
- C. Scheduled
- D. Timeboxed

**Correct answer is A.**

Question  
**Waterfall**  
**Agile/ Hybrid**  
Question  
**Next step? or**  
**Elimination**

**Question**  
**4**



# NEXT STEPS Q&A



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